



Independence Health System OB/GYN Online Educational Class Opportunity: Infant Care

- What is the proper way to change my baby's diaper?
- How often should I bathe my baby?
- Do I need to circumcise my baby after he is born?
- Is bottle feeding safe for my baby?

Independence Health System wants you to be prepared and have peace of mind about caring for your infant whether you are a brand new mom or seasoned parent. Our online Infant Care class will help you learn about how to care for your baby post delivery, proper diaper changing, bathing and feeding techniques and more.

This class is offered as an on-demand video you can view at your convenience. Our nurses are available via telephone to answer any questions you may have after watching the presentation.

To register for the **online** class, please call the Independence Health System Call Center at 1-877-771-1234.

A confirmation email will be sent to you with the video link.

